

# What to Expect with TMS

## TMS Patient Journey

Transcranial Magnetic Stimulation (TMS) is an FDA-approved, non-invasive therapy for the treatment of Major Depressive Disorder (MDD) & Obsessive Compulsive Disorder in patients that have failed medication trials or have not reached full remission from symptoms.

<b>Complimentary Consultation</b>	Meet with a Patient Consultant to learn about the TMS therapy treatment process and complete TMS registration for insurance
<b>Pre-Assessment</b>	Office visit with the TMS Certified Psychiatrist, Physician, or Nurse Practitioner (NP) to evaluate whether TMS is right for you
<b>Motor Threshold</b>	A psychiatrist, physician, or NP identifies the precise area(s) of the brain to be treated, and establishes the treatment settings and protocol
<b>TMS Treatment</b>	<ul style="list-style-type: none"><li>• Daily 19-minute treatment session or multiple treatment sessions in a day lasting just a few minutes each</li><li>• During treatment patients can relax, listen to music, etc.</li><li>• Most patients can begin to feel some improvement in just 2-3 weeks with significant relief by the end of treatment</li></ul>
<b>Post-TMS Treatment</b>	Based on results, your TMS provider will make recommendations for further care to you and/or your primary doctor

### We keep you informed throughout your treatment journey.

- Significant efficacy and safety validated through multiple clinical studies
- Dedicated Care team with an individualized treatment plan
- TMS therapy is covered by most major insurance companies, including Medicare, Tricare, and many state Medicaid plans
- We ensure a prior authorization is obtained when necessary before the start of treatment

\*Insurance guidelines for TMS therapy vary by payer network. See your insurance policy medical guidelines for transcranial magnetic stimulation for specific coverage criteria.

**REQUEST A COMPLIMENTARY TMS CONSULTATION**  
and start your new depression-free journey today!