

# TMS Patient Selection

## TMS THERAPY OCD INDICATION

TMS therapy is indicated for adult patients with Obsessive-Compulsive Disorder (OCD) that have failed at least two indicated therapies, such as two medication trials or one medication trial and 8-weeks of psychotherapy with no minimal or no benefit.

### STANDARD INSURANCE CRITERIA

- OCD diagnosis (F42)
- (2) medication trials, or
- (1) medication trial with psychotherapy

### Who May Qualify for TMS Treatment?

- Confirmed diagnosis of OCD by a psychiatrist
- Tried or not satisfied with results of medication and/or therapy
- Have not achieved remission with medications or therapy
- Unable to tolerate medication side effects
- History of response to TMS therapy in the past for OCD

### TMS Therapy Contraindications

- Metallic implants in the head or within 30 cm of the head (exception: dental fillings and braces)
- History of a seizure disorder
- Implanted medical devices, such as a pacemaker or cardiac defibrillator

\*Insurance guidelines for TMS therapy vary by payer network. See your insurance policy medical guidelines for transcranial magnetic stimulation for specific coverage criteria.

REQUEST A COMPLIMENTARY TMS CONSULTATION  
and start your new depression-free journey today!